

# Public Health Major, Premed then Pre-nursing Track

FIRST YEAR	
Fall Semester	Chem 1A (premed)
	Chem 1AL (premed)
	French 1 (for fun)
	Math 10A (premed) - would recommend 16A, though
	Sufi Meditation DeCal (for fun)
	Sage Mentorship Project DeCal (extracurricular involvement)
Spring Semester	Anthro 3AC (major pre-req)
	Bio 1B (major pre-req, premed, pre-nursing)
	Reproduction in Modern Society DeCal (for fun)
	Math 16A (major pre-req, premed, GPA boost after Math 10A)
	MCB 50 (major pre-req) - great class, would highly recommend!
Summer Semester	PH 141 (major core)
	PH 150D (major core)

SECOND YEAR	
Fall Semester	Bio 1A (premed/pre-nursing)
	Bio 1AL (premed/pre-nursing)
	Modern Medicine DeCal (for fun)
	Math 16B (major pre-req, premed)
	PH C129 (major elective)
Spring Semester	Nutri Sci 10 (pre-nursing)
	PH 112 (international studies breadth + major elective)
	PH 150A (major core)
	Psych 160 (for fun)
Summer Semester	Anatomy & Physiology II (taken back in Florida to complete pre-nursing requirement in most efficient manner, since I had already completed A&P I)

THIRD YEAR	
Fall Semester	PH 162A (major core + pre-nursing)
	PH 162L (pre-nursing)
	PH 181 (major elective)
	PH 212A (grad level class for fun) - highly recommend reaching out to professors to join grad level discussions or seminars in topics you're passionate about!
	Psych 140 (pre-nursing)

I am a public health major who completed an associate's degree before coming to Cal. Almost all of my breadth requirements were fulfilled prior to admission, so I was able to finish my entire major's coursework in just 5 semesters (excluding summers). I aspire to become a midwife and, therefore, am very passionate about women's healthcare.