

Public Health/Integrative Biology Double Major, Pre-Med

FIRST YEAR	
Fall	Math 1A (Integrative Bio/Public Health pre-req, pre-med), with Math 98 for adjunct
	Anthro 3AC (Public Health pre-req)
	MCB C64 (for fun)
	History of Art 98 (DeCAL, for fun)
Spring	Math 1A (Integrative Bio/Public Health pre-req, pre-med)
	Chem 1A/L (Math 1A (Integrative Bio pre-req, pre-med, L&S Physical Sciences breadth)
	Sociology 1 (Public Health pre-req, pre-med)
	English 27 (for fun)

SECOND YEAR	
Summer	Chem 3A/L (Integrative Biology pre-req, pre-med)
	Psych 1 (L&S Social & Behavioral Sciences breadth), Public Health pre-req)
Fall	Chem 3BL (Integrative Biology pre-req, pre-med)
	Bio 1B (Integrative Biology/Public Health pre-req, pre-med)
	MCB 55 (Public Health pre-req, pre-med)

	Slavic 45 (L&S Arts & Literature breadth)
Spring	Bio 1A/L (Integrative Bio/Public Health pre-req, pre-med, L&S Biological Sciences breadth)
	Physics 8A (Integrative Bio pre-req, pre-med)
	American Studies 10 (L&S Historical Studies breadth, for backup major)

THIRD YEAR	
Summer	Leonard D Schaeffer Fellows Program ¹
Fall	Public Health 150D (Public Health core)
	Integrative Bio 137 (IB core)
	Integrative Bio 131 (IB core)
	Public Health 196 (Fung Fellowship)
Spring	Public Health 150A (Public Health core)
	Public Health 150E (Public Health core)

¹ Great experience!
<http://sph.berkeley.edu/leadership-development/leonard-d-schaeffer-fellows-program>

	Integrative Bio 169 (IB core)
	PH 162A (Public Health/Integrative Bio elective)
	Public Health 196 (Fung Fellowship)

FOURTH YEAR	
Summer	Public Health 142 (Public Health core)
	Integrative Bio 131L (IB core)
Fall	Physics 8B (Integrative Bio pre-req, pre-med)
	Public Health 150B (Public Health core)
	Integrative Bio 157LF (IB core)
	(undecided L&S Philosophy & Values breadth)
	Public Health 196 (Fung Fellowship)
Spring	MCB 102 (Public Health/Integrative Bio elective, pre-med)
	Integrative Bio 140 (IB core)
	(undecided L&S International Studies breadth)
	Public Health 196 (Fung Fellowship)

I am a Public Health and Integrative Biology double major on a pre-medicine track. I definitely recommend including fun courses in your time here at Berkeley and balancing your class schedules with work experience to build your resume! Beyond that, plan ahead and make sure you stay on track by meeting with major advisors (something I could have done better).